For parents and carers

About 5 minutes to read

Get to FOUR

Getting started with Get to FOUR

For the grown-up helping **Sam**

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How it works

1. A short starting check shows what Sam already knows. It's in this envelope.
2. Every month, a pack of printed booklets arrives by post, made just for Sam. One booklet a week, per subject. You don't need a printer.
3. Each booklet has a page a day, Monday to Saturday, about 15 minutes each.
4. On Sunday, you photograph pages 4 to 7 in the app.
5. The work is marked by AI, and the next booklets adapt to what was secure and what wasn't.

> **Your role: a coach in the background, not a teacher at the table.**

The GCSE is sat on paper, with a pen. So the practice is on paper too.

Resits in plain words

1. Grade 4 is the standard pass in GCSE Maths and English.
2. A full-time student aged 16 to 18 with a grade 3 keeps studying the GCSE at college.
3. Resits happen in November and in the summer.
4. Plenty of students get there on a later try. Small steps every week are what work.

We aim a little higher than 4, so there is room to spare on the day. Nobody can promise a grade, but steady practice gives a real chance.

The study place

Set it up once. Use it every day.

Tick when it's ready

- [ ] The same spot every day
- [ ] A table and good light
- [ ] Phone in another room during sessions
- [ ] A timer they can see
- [ ] Pen, pencil, rubber, ruler, scientific calculator
- [ ] Water
- [ ] Only this week's booklet on the table

Your job each week

1. Set up the study place once.
2. Hand over one booklet on Monday. Keep the rest of the pack out of sight.
3. Start the timer, then step back. Sitting nearby doing your own thing can help.
4. On Sunday, photograph pages 4 to 7 in the app.
5. Read the feedback together for 5 minutes. Praise the effort, not the score.

> **A missed day is fine. Saturday is there to catch up. Just don't miss twice.**

Running the starting check

1. There are three sections of 15 minutes each, with a short break between them.
2. You can do one section a day.
3. Start the timer, then step back.
4. Please don't help with the answers. It's a map of what they know, not a test of them.
5. When it's done, photograph each page with answers on it, in the app.

Photographing a page

1. Lay the page flat, in daylight if you can.
2. Fit the whole page in the frame, including the QR code.
3. Avoid shadows across the page.
4. The app checks the photo before it uploads.

> **Photos show the page only, never a person. Each photo is deleted as soon as it's marked.**

Words that help

Try

- “Let's just do two minutes.”
- “You finished it. Nice.”
- “Which session do you want first?”

Try to avoid

- “Why can't you just…”
- Comparing them with anyone else
- Checking answers over their shoulder

Questions? Message us in the app. We read every message.